Sweet Sacrifices 〔 犠牲 〕

Giving things up often brings greater benefits [益處] than <u>holding on to [緊抓住]</u> them Studio Classroom Sep 2007 Unit 6

¶1

"What are you doing for others?"

, (who was) a key leader of the American <u>Civil Rights</u> [公民權] movement [社會運動],

 According to Martin Luther King, Jr., that is life's most urgent (緊急的) question.

	V	敦促;極力主張
urge	N	推動力;強烈的慾望
urgent	Adj	急迫的
emergent	Adj	緊急〔意外〕的
emergency	N	緊急狀況

¶2

● Despite (儘管) what popular culture teaches, putting yourself first isn't always as satisfying (令人滿足的) as it seems.

—big and small,known and unknown—

 Sacrifices can make life better for everyone.

Also / Besides / In addition

 Plus, making sacrifices often brings personal rewards (回報).

that are even more **valuable** 〔有價值的〕

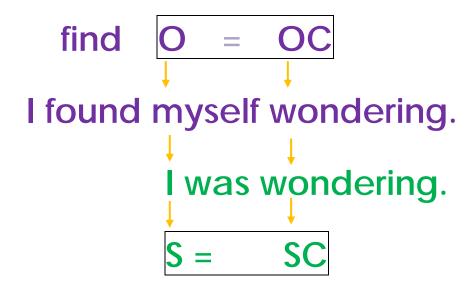
despite			A 然 • □A Ab		
in spite of	prep	+ N			
though		+ S	儘管;雖然		
although	conj	V			
reward	V/N	回報;報酬			
rewarding	Adj	有益的;有報酬的			
award	V/N	〔頒〕	獎		

¶3

- —time, money and personal success—
- By giving up things you hold dear (疼愛地) you can make the world a better place.
- Here are three inspiring [激勵人心的] stories!

¶4 Time

- While (she was) on vacation in Guatemala in 1999, hairstylist Mona Purdy noticed (that) children had no shoes.
- They put tar (柏油) on their feet to run in races.
- As soon as [一…就…] she got home,
 she started collecting shoes to send to
 Guatemala.
- Now she continues to collect shoes, and she sends them all around the world.
- "I always thought I was too busy to help others," she says.
- "Then I started this and <u>found myself</u> wondering [what I'd been doing] all my life.



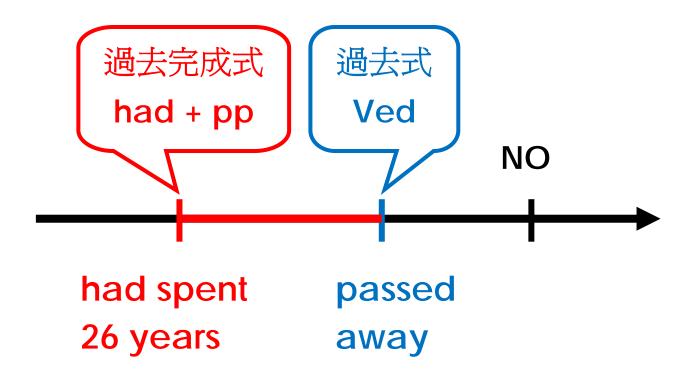
¶5 Money

- In 1971, Larry Stewart was young, poor and hungry.
- One day, when he couldn't afford 〔負擔得起〕his meal in a diner 〔小餐館〕,
 the owner handed him a \$20 bill 〔紙鈔〕.
- The man said to Steward, "Son (孩子), you must have dropped this."
- That gift inspired (激勵) Stewart to help others.

, (who is) known as "Secret Santa,"

- Stewart began handing out \$100 bills to strangers on city streets in 1979.
- Before passing away (過世) in
 January at 58, he had spent 26 years
 (in) giving away (送出) over \$1.3
 million.

afford	V	負擔得	起…	{	to V N
must	Aux	一定…	現在	must V	
			過去	must	have
				рр	
spend time (in) Ving			花時間做…		
take time to V					
pass away			去世		
pass out			昏倒		



¶6 Personal Success

- In 1992, John Read was on his way to becoming the CEO of his company.
- Then an Outward Bound trip with his son transformed (轉變) their difficult relationship.
- Read was <u>so</u> impressed 〔感到印象深刻的〕 that he eventually 〔最後〕 gave up his job to lead the struggling 〔掙扎的〕 non-profit organization 〔非營利組織〕.
- Now he helps Outward Bound affect
 (影響) other people's lives.
- Though his paycheck (新水) and job status (地位) are lower, he's happy helping young adults (年輕人) become leaders.

洪安祺老師

	V	使…〔人〕	留下印象			
impress	Her voice impressed the audience.					
	Ş	V	O			
	impre	<u>essive</u>	impressed			
	-Her voice was <u>impressive</u> .					
	-The audience was <u>impressed</u> .					
profit	N利潤					
	non-profit organization 非營利組織					
	non-government organization					
	非政府組織〔NGO〕					
affect	V	影響				
effect	N	效應;效果				
effective	Adj	有效果的				
efficient	Adj	有效率的				
	N	地位;狀態				
status	soci	al status	社會地位			
	mar	ital status	婚姻狀況			

¶7

No matter what you choose -

 Whatever [無論什麼] you choose to sacrifice, (you have to) make sure it's for something you feel passionate [有熱情 的] about.

that are **reaped**〔收穫〕for both you and society

 Then the rewards (回報) will be even sweeter.

無論…

which who sv, sv. where how

- 1. No matter what you decide to do,

 Whatever you decide to do,

 Whatever you decide to do,
- 2. No matter which one you choose,

 Whichever one you choose,

 I'll pay for it.
- 3. No matter who you are, Whoever you are,

 Whoever you are,
- 4. No matter when you come over, Whenever you come, you'll be welcomed.
- 5. No matter where you go,
 Wherever you go,
 Wherever you go,
- 6. No matter how you do it, However you do it, it's not gonna work.